



Healing Temple Sunday June 27th 2-5pm

The Healing Temple honors all traditions. Diversity is welcomed as we create safe and sacred space within each circle of sharing. Each person is asked to offer a \$10.00 love donation toward the Teacher and Host that month. We also encourage (but optional) snacks and items for give-away.

Each gathering will have a 1-1/2 hour teaching followed by 1-1/2 hour open healing time. Open healing is a time to give and receive healing from others so that you can practice what you have learned or continue developing your own special healing. Healing Temple meets every last Sunday from 2-5pm. Location may vary so please see the calendar at www.ravenmedium.com for dates, topics, and locations.

Alex Wissmar ~ Feeding your Soul

Nourish your soul by discovering the role of food in your life. Uncover a new joy of eating, cooking and tasting with a deeper consciousness. Learn a new awareness for food both energetically and how it serves us physically, emotionally, and spiritually. Alex will happily discuss ingredients, healthy options, cookery techniques, and give great cooking advice!

Rev. Alex Wissmar a lifelong foodie and traveler, comes from a family of chefs, who love to eat. Alex is Graduate of Le Cordon Bleu Cookery School- London. He has worked professionally as a Baker, Pastry Chef, and Cook for many years in some famous locations, both in the U.S. and the U.K. He loves to combine his two biggest passions- Spirit and Cooking, and of course eating great food! Both of which he has traveled around the planet to know at a deeper soul level.

Directions for Missy Milne's House
12512 25th Ave SE
Everett, WA 98208
(425)971-5359

From I-5 Take 128th Street Exit and head east.
Take a left at Bothell Everett HWY/19th Ave
Take a right at 124th St SE
Take a right at 25th St SE
We are the 5th house down on the right. :)

<http://www.mapquest.com/maps?city=Everett&state=WA&address=12512+25th+Ave+SE&zipcode=98208-6603&country=US&latitude=47.88444&longitude=-122.19877&geocode=ADDRESS>